What is claimed is:

- 1. An integrated exercise detection device comprising:
 - a satellite positioning module adapted to receive satellite signals, comprising a first microprocessor processing the satellite signals to generate first data comprising at least a current position, a displacement, a velocity and an altitude of a user and a communication interface:
 - a second microprocessor receiving the first data transmitted through the communication interface from the first microprocessor;
 - an exercise detection module adapted to detect at least one exercise signal of the user and generating second data in response thereto, the second data being transmitted to the second microprocessor; and
 - a display electrically coupled to the second microprocessor to selectively display the first and second data.
- 2. The integrated exercise detection device as claimed in Claim 1, wherein the exercise detection module comprises a step counter.
- 3. The integrated exercise detection device as claimed in Claim 1, wherein the exercise detection module comprises a velocity/acceleration sensor.
- 4. The integrated exercise detection device as claimed in Claim 1, wherein the second data generated by the exercise detection module is transmitted to the second microprocessor through an electrical wire.
- 5. The integrated exercise detection device as claimed in Claim 1, wherein the second data generated by the exercise detection module is transmitted by a wireless transmitter circuit connected to the exercise detection module and received by a wireless receiving circuit connected to the second

microprocessor.

- 6. An integrated exercise detection device comprising:
 - a satellite positioning module adapted to receive satellite signals, comprising a microprocessor processing the satellite signals to generate first data comprising at least a current position, a displacement, a velocity and an altitude of a user and a communication interface;
 - an exercise detection module adapted to detect at least one exercise signal of the user and generating second data in response thereto, the second data being transmitted to the microprocessor; and
 - a display electrically coupled to the microprocessor to selectively display the first and second data.
- 7. The integrated exercise detection device as claimed in Claim 6, wherein the exercise detection module comprises a step counter.
- 8. The integrated exercise detection device as claimed in Claim 6, wherein the exercise detection module comprises a velocity/acceleration sensor.
- 9. The integrated exercise detection device as claimed in Claim 6, wherein the second data generated by the exercise detection module is transmitted to the microprocessor through an electrical wire.
- 10. The integrated exercise detection device as claimed in Claim 6, wherein the second data generated by the exercise detection module is transmitted by a wireless transmitter circuit connected to the exercise detection module and received by a wireless receiving circuit connected to the microprocessor.